

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ACTIVITIES A&C -Arts and Crafts PT -Physical Therapy All activities by Svetlana Uts Monday to Sunday 9:00am-7:00pm	OCTOBER 2026			ROOMS CH -Chapel M -Medical SH -Social Hall B -Beauty Salon TV -Television DR -Dining		
				1 Good Morning Friends! 9:30 A&C SH 11:00Exercise/ Music SH 1:00 Bingo SH 2:00 Card Club SH 3:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Sport Night SH Homemade Cookies Day	2 Good Morning Friends! 9:30 A&C SH 11:00Exercise/ Music SH 1:00 Bingo SH 2:00 Nails SH 3:00 Music Club SH 4:00 Table Games SH 6:00Movie Night SH	3 Good Morning Friends! 9:30 Painting SH 11:00 Exercises SH 1:00 Silky skin SH 2:00 Coffee Club SH 3:00 Poetry Club SH 4:00 Table Games SH 6:00Refreshment Hour 1Fl
4 Good Morning Friends! 10:00 Drawing SH 11:00 Trivia SH 2:00 Old Greek Movie TV 3:00 Puzzles SH 4:00 Card Game SH 6:00 Sport Night SH	5 Good Morning Friends! 10:00 Discussion SH 11:00 Exercises SH 2:00 Card Club SH 3:00 Puzzles SH 4:00 Drawing SH 6:00Movie Night SH	6 Good Morning Friends! 9:30Baking DR 11:00 Exercise/Music SH 1:00 Bingo SH 2:00 Rummikub SH 3:00 Painting SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Refreshment 1Fl	7 Good Morning Friends! 9:30 A&C SH 11:00 Exercise/Music SH 1:00 Bingo SH 2:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Movie Night SH	8 Good Morning Friends! 9:30 A&C SH 11:00Exercise/Music SH 1:00 Bingo SH 2:00 Card Club SH 3:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Sport Night SH National Salmon Day	9 Good Morning Friends! 9:30 A&C SH 11:00Exercise/ Music SH 1:00 Bingo SH 2:00 Nails SH 3:00 Music Club SH 4:00 Table Games SH 6:00Movie Night SH	10 Good Morning Friends! 9:30 Painting SH 11:00 Exercises SH 1:00 Silky skin SH 2:00 Coffee Club SH 3:00 Poetry Club SH 4:00 Table Games SH 6:00Refreshment Hour 1Fl
11 Good Morning Friends! 8:30 Liturgy CH 10:00 Drawing SH 11:00 Trivia SH 2:00 Old Greek Movie TV 3:00 Puzzles SH 4:00 Card Game SH 6:00 Sport Night SH	12 Good Morning Friends! 10:00 Discussion SH 11:00 Exercises SH 2:00 Card Club SH 3:00 Puzzles SH 4:00 Drawing SH 6:00Movie Night SH Columbus Day	13 Good Morning Friends! 9:30 A&C SH 11:00 Exercise/Music SH 1:00 Birthday Party SH 2:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Movie Night SH	14 Good Morning Friends! 9:30 A&C SH 11:00 Exercise/Music SH 1:00 Bingo SH 2:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Movie Night SH	15 Good Morning Friends! 9:30 A&C SH 10:45 Residents Council SH 11:00 Exercises SH 1:00 Bingo SH 2:00 Card Club SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Sport Night SH	16 Good Morning Friends! 9:30 A&C SH 11:00Exercise/Music SH 1:00 Bingo SH 2:00 Nails SH 3:00 Music Club SH 4:00 Table Games SH 6:00Movie Night SH World Food Day	17 Good Morning Friends! 9:30 Painting SH 11:00 Exercises SH 1:00 Coffee Club SH 2:00 Movie Club TV 3:00 Poetry Club SH 4:00 Table Games SH 6:00Refreshment 1Fl
18 Good Morning Friends! 10:00 Drawing SH 11:00 Trivia SH 2:00 Old Greek Movie TV 3:00 Puzzles SH 4:00 Card Game SH 6:00 Sport Night SH	19 Good Morning Friends! 10:00 Discussion SH 11:00 Exercises SH 2:00 Card Club SH 3:00 Puzzles SH 4:00 Drawing SH 6:00Movie Night SH	20 Good Morning Friends! 9:30 Baking SH 11:00Exercise/Music SH 1:00 Bingo SH 2:00 Rummikub SH 3:00 Painting SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Refreshment 1Fl	21 Good Morning Friends! 9:30 A&C SH 11:00 Exercise/Music SH 1:00 Bingo SH 2:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Movie Night SH	22 Good Morning Friends! 9:30 A&C SH 11:00Exercise/Music SH 1:00 Bingo SH 2:00 Card Club SH 3:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Sport Night SH	23 Good Morning Friends! 9:30 A&C SH 10:30 Silky Skin SH 11:00Exercise/Music SH 1:00 Art Gallery SH 2:00 Nails SH 3:00 Music Club SH 4:00 Table Games SH 6:00Movie Night SH	24 Good Morning Friends! 9:30 Painting SH 11:00 Exercises SH 1:00 Nails SH 2:00 Movie Club TV 3:00 Poetry Club SH 4:00 Table Games SH 6:00Refreshment 1Fl
25 Good Morning Friends! 10:00 Drawing SH 11:00 Trivia SH 2:00 Old Greek Movie TV 3:00 Puzzles SH 4:00 Card Game SH 6:00 Sport Night SH	26 Good Morning Friends! 8:30 Liturgy CH 10:00 Discussion SH 11:00 Exercises SH 2:00 Card Club SH 3:00 Puzzles SH 4:00 Drawing SH 6:00Movie Night SH	27 Good Morning Friends! 9:30 Baking SH 11:00Exercise/Music SH 1:00 Bingo SH 2:00 Rummikub SH 3:00 Painting SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Refreshment 1Fl National Potato Day	28 Good Morning Friends! 9:30 A&C SH 11:00 Exercise/Music SH 1:00 Holy Trinity Visit SH 2:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Movie Night SH	29 Good Morning Friends! 9:30 A&C SH 11:00Exercise/Music SH 1:00 Bingo SH 2:00 Card Club SH 3:00 Drawing SH 3:00 Musical Moment SH 4:00 Table Games SH 6:00 Sport Night SH	30 Good Morning Friends! 9:30 A&C SH 10:30 Silky Skin SH 11:00Exercise/Music SH 1:00 Art Gallery SH 2:00 Nails SH 3:00 Music Club SH 4:00 Table Games SH 6:00Movie Night SH Pumpkin Festival	31 Good Morning Friends! 9:30 Painting SH 11:00 Exercises SH 1:00 Nails SH 2:00 Movie Club TV 3:00 Poetry Club SH 4:00 Table Games SH 6:00Refreshment 1Fl