

ST. MICHAEL'S HOME

Quality Care for the Elderly since 1958

3 LEHMAN TERRACE, YONKERS, NY 10705
Tel 914-476-3374 Fax 914-476-1744 www.stmichaelshome.org

OVERVIEW (2023)

Saint Michael's Home is a *New York State – Department of Health* certified residential adult care facility under the aegis of the Greek Orthodox Archdiocese of America. The Home is housed in a three-level brick structure which complies with the strict regulations not only of the local Building Department but also the stringent requirements of the New York State Department of Health.

Overall the programs and services of St. Michael's are specifically designed for those individuals who may have decreased powers of mobility and/or mental faculties (i.e., dementia & Alzheimer's). While not certified as such, the Home does offer a high level of "assisted living" in a Greek Orthodox environment and the staff assist those who need help with certain duties such as bathing, dressing, etc. At all times, every effort is made to maintain the physical and intellectual integrity of the residents while encouraging them to preserve their independence and dignity.

Located in a bucolic residential neighborhood of Yonkers (a city boarding New York City to the North), the facility encompasses: furnished private and semi-private bedrooms; a beautiful dining room; a magnificent chapel where regular services are conducted; a modern medical facility; a large recreation hall; an airy T.V. room; a fully equipped beauty salon; a resplendent patio and garden where the residents can enjoy the outdoors and other accommodations needed for the quality care of its residents.

Because of its classification as an “adult home,” St. Michael’s is not permitted to accept nor keep any resident who is not ambulatory or who may require continuous medical or skilled nursing care. The Home is visited twice a week by geriatric specialists and other medical technicians but also has on duty at all times personnel certified in first aid to not only oversee the daily distribution of medicines but also to monitor the general health of all residents. St. Michael’s is located in close proximity to several hospitals and other medical facilities for those needing emergency care.

ACTIVITIES PROGRAM:

The Home offers a wide variety of activities for the benefit of the residents. Overall, this program which is overseen by a full-time recreation coordinator is geared to stimulate the resident both physically and intellectually to impede the aging process and it includes: arts and crafts, exercise, cooking, sewing, weekly excursions, reading, bingo, etc. A licensed physical therapist visits the Home once a week and conducts a 45 minute session to maintain the physical integrity of the elderly.

ADMISSION:

As stated elsewhere, the strict regulations of the Department of Health mandate that all residents must be ambulatory and not require continuous skilled nursing care. While the Home is able to care for individuals who may suffer from Alzheimer’s and dementia, another impediment to admission is behavior which is disruptive or violent and may compromise the safety of the individual or others. The admission process involves the completion of an application, the submission of two photographs and a medical evaluation from the applicant’s physician. Once these documents have been received, an appointment will be scheduled for the applicant with the facility’s physician who, after an examination, will indicate whether or not the applicant is appropriate for this type of facility.

According to the constitution of the facility, all residents must be Greek Orthodox Christians and we would please ask that a letter be submitted from a parish priest indicating that the applicant is Greek Orthodox. It is not necessary for the candidate for admission to be a “member” of a parish (i.e., someone meeting either the dues or stewardship requirement) but simply a member in good standing of the Orthodox Church.

ACCOMMODATIONS:

A non-profit institution, the Home does not receive funding from any governmental agency or from the Archdiocese. To meet its operating budget, St. Michael's depends on two sources of income to meet its obligations. The first source is the boarding fees and the second is donations (which enable us to keep our fees at a very reasonable rate). At no time is the resident asked to turn his/her assets over to the Home but rather on the first of every month the resident (or their representative) submits the monthly boarding fee established by the level of accommodation selected upon admission (based on their ability to meet the respective boarding fee):

Private Bedroom with private bath	\$4,100
Private Bedroom with use of communal bathrooms	\$3,400-\$3000
Semi-Private Bedroom with use of communal bathrooms	\$2,400

Every resident is provided with a single bed, freestanding closet, dresser and nightstand as well as all linens and towels. Common areas of the Home are open for use by all residents. Also included in the above fees are all services related to "Room and Board," i.e., daily housekeeping and laundry, three meals and two snacks, etc. and do not include additional charges which may result from items such as medications not covered by insurance or "extra" services such as a visit to the beauty salon.

For those residents requiring assistance with their daily routine above and beyond that usually provided by the Home, it may be necessary for the family to supplement the above boarding fee with an additional fee to cover the cost of this additional care. This will be determined on a one-to-one basis by the Director and the family.

Individuals unable to meet the private boarding fee may be eligible for Supplemental Security Income (SSI) from the Social Security Administration and the New York State Supplement Program (SSP). No-one will be denied consideration for admission because of the inability to pay and each case will be reviewed on an individual basis. We trust that the family of any applicant appreciates this accommodation and will not take advantage of the Home's magnanimous philanthropy but will assist us to meet our expenses.

On occasion, time may take its toll on the overall condition of a resident and it may be necessary to transfer that individual to a Nursing Home. Before doing so, the Home (or one of the physicians serving the residents) will communicate that need to the family. At that time, either St. Michael's will make the necessary arrangements to have the resident transferred to one of the local nursing homes which offer quality care or the family may transfer the resident to a facility of their own choosing.

Since its establishment, St. Michael's Home has offered care and comfort, both physical and spiritual, to hundreds of women and men of the Greek Orthodox community. Truly, it is a unique facility offering quality care in a loving environment where our residents are viewed as "family members" and are accorded not only the appropriate care they need but also the respect and love of the entire staff. One visit to the Home makes this reality very apparent to any and all visitors!