

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ACTIVITIES A&C-Arts and Crafts PT-Physical Therapy All activities by Svetlana Uts Monday to Sunday 9:00am-7:00pm	AUGUST 2026			ROOMS CH-Chapel M-Medical SH-Social Hall B-Beauty Salon TV-Television DR-Dining		1 Good Morning Friends! 9:30 PaintingSH 11:00 ExercisesSH 1:00 Silky skinSH 2:00 Coffee ClubSH 3:00 Poetry ClubSH 4:00 Table GamesSH 6:00Refreshment Hour1Fl National Mustard Day
2 Good Morning Friends! 10:00 DrawingSH 11:00 TriviaSH 2:00 Old Greek Movie TV 3:00 PuzzlesSH 4:00 Card GameSH 6:00 Sport NightSH	3 Good Morning Friends! 10:00 DiscussionSH 11:00 ExercisesSH 2:00 Card ClubSH 3:00 PuzzlesSH 4:00 DrawingSH 6:00Movie NightSH National Watermelon Day	4 Good Morning Friends! 10:00 ParaklesisCH 1:00 BingoSH 2:00 RummikubSH 3:00 PaintingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Refreshment Hour1Fl	5 Good Morning Friends! 9:30 A&CSH 11:00Exercise/MusicSH 1:00 BingoSH 2:00 DrawingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Movie NightSH	6 Good Morning Friends! 8:30 Orthros/LiturgyCH 12:30 ParaklesisCH 2:00 Card ClubSH 3:00 DrawingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Sport NightSH	7 Good Morning Friends! 9:30 A&CSH 11:00Exercise/MusicSH 1:00 BingoSH 2:00 NailsSH 3:00 Music ClubSH 4:00 Table GamesSH 6:00Movie NightSH	8 Good Morning Friends! 9:30 PaintingSH 11:00 ExercisesSH 1:00 Silky skinSH 2:00 Coffee ClubSH 3:00 Poetry ClubSH 4:00 Table GamesSH 6:00Refreshment Hour1Fl
9 Good Morning Friends! 10:00 DrawingSH 11:00 TriviaSH 2:00 Old Greek Movie TV 3:00 PuzzlesSH 4:00 Card GameSH 6:00 Sport NightSH National Rice Pudding Day	10 Good Morning Friends! 10:00 DiscussionSH 11:00 ExercisesSH 2:00 Card ClubSH 3:00 PuzzlesSH 4:00 DrawingSH 6:00Movie NightSH	11 Good Morning Friends! 10:00 ParaklesisCH 1:00 BingoSH 2:00 RummikubSH 3:00 PaintingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Refreshment1Fl	12 Good Morning Friends! 9:30 A&CSH 11:00Exercise/MusicSH 1:00 Birthday Party SH 2:00 DrawingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Movie NightSH	13 Good Morning Friends! 9:30 A&CSH 11:00Exercise/MusicSH 1:00 BingoSH 2:00 Card ClubSH 3:00 DrawingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Sport NightSH	14 Good Morning Friends! 9:30 A&CSH 11:00Exercises & MusicSH 1:00 BingoSH 2:00 NailsSH 3:00 Music ClubSH 4:00 Table GamesSH 6:00Movie NightSH	15 Good Morning Friends! 8:30 LiturgyCH 11:00 ExercisesSH 1:00 Silky skinSH 2:00 Coffee ClubSH 3:00 Poetry ClubSH 4:00 Table GamesSH 6:00Refreshment Hour1Fl Dormition of the Theotokos
16 Good Morning Friends! 10:00 DrawingSH 11:00 TriviaSH 2:00 Old Greek Movie TV 3:00 PuzzlesSH 4:00 Card GameSH 6:00 Sport NightSH	17 Good Morning Friends! 10:00 DiscussionSH 11:00 ExercisesSH 2:00 Card ClubSH 3:00 PuzzlesSH 4:00 DrawingSH 6:00Movie NightSH	18 Good Morning Friends! 9:30BakingDR 1:00 BingoSH 2:00 RummikubSH 3:00 PaintingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Refreshment1Fl	19 Good Morning Friends! 9:30 A&CSH 11:00Exercise/MusicSH 1:00 BingoSH 2:00 DrawingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Movie NightSH National Potato Day	20 Good Morning Friends! 9:30 A&CSH 10:45 ResidentsSH Council 11:00 ExercisesSH 1:00 BingoSH 2:00 Card ClubSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Sport NightSH	21 Good Morning Friends! 9:30 A&CSH 11:00Exercise/MusicSH 1:00 BingoSH 2:00 NailsSH 3:00 Music ClubSH 4:00 Table GamesSH 6:00Movie NightSH	22 Good Morning Friends! 9:30 PaintingSH 11:00 ExercisesSH 1:00 Coffee ClubSH 2:00 Movie ClubTV 3:00 Poetry ClubSH 4:00 Table GamesSH 6:00Refreshment1Fl
23 Good Morning Friends! 10:00 DrawingSH 11:00 TriviaSH 2:00 Old Greek Movie TV 3:00 PuzzlesSH 4:00 Card GameSH 6:00 Sport NightSH	24 Good Morning Friends! 10:00 DiscussionSH 11:00 ExercisesSH 2:00 Card ClubSH 3:00 PuzzlesSH 4:00 DrawingSH 6:00Movie NightSH National Waffle Day	25 Good Morning Friends! 9:30 BakingSH 11:00Exercise/MusicSH 1:00 PartySH 2:00 RummikubSH 3:00 PaintingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Refreshment1Fl	26 Good Morning Friends! 9:30 A&CSH 11:00Exercise/MusicSH 1:00 BingoSH 2:00 DrawingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Movie NightSH	27 Good Morning Friends! 9:30 A&CSH 11:00Exercise/MusicSH 1:00 BingoSH 2:00 Card ClubSH 3:00 DrawingSH 3:00 Musical MomentSH 4:00 Table GamesSH 6:00 Sport NightSH	28 Good Morning Friends! 9:30 A&CSH 10:30 Silky SkinSH 11:00Exercise/MusicSH 1:00 Art GallerySH 2:00 NailsSH 3:00 Music ClubSH 4:00 Table GamesSH 6:00Movie NightSH	29 Good Morning Friends! 9:30 PaintingSH 11:00 ExercisesSH 1:00 NailsSH 2:00 Movie ClubTV 3:00 Poetry ClubSH 4:00 Table GamesSH 6:00Refreshment1Fl
30 Good Morning Friends! 10:00 DrawingSH 11:00 TriviaSH 2:00 Old Greek Movie TV 3:00 PuzzlesSH 4:00 Card GameSH 6:00 Sport NightSH	31 Good Morning Friends! 10:00 DiscussionSH 11:00 ExercisesSH 2:00 Card ClubSH 3:00 PuzzlesSH 4:00 DrawingSH 6:00Movie NightSH					